

Unitarian Universalist Society of Martha's Vineyard

July 13, 2025

Building a "Muscular Hope"

with

Reverend Vicky Hanjian

Bodhicitta - "the noble or awakened heart" - Sanskrit

"It is said in difficult times, it is only bodhichitta that heals.

When inspiration has become hidden, when we feel ready to give up,
this is the time when healing can be found in the tenderness of pain itself.

This is the time to touch the genuine heart of bodhichitta."

-Pema Chodron in When Things Fall Apart Fall Apart: Heart Advice for Difficult Times

Bell Ringing

Welcome and Community Connections

Bill Bridwell

Prelude

Tanya Stum

Land Acknowledgement

Edward Pachico

Chalice Lighting by Rev. Dr. Rebekah Savage

Bill Bridwell

Opening Words (in unison)

Blessed are we who gather with open hearts, together, in this space, today.

Blessed are we: the chalice-lighters of resistance, justice, love, and faith.

Blessed are we: the heretics, the outcasts, the walkers of our own way.

Blessed are we: the border-crossers, the refugees, the immigrants, the poor, the
wanders who are not lost.

Blessed are we: the transgressors, the trespassers, the passers-by, the cause-
takers, the defiant, the compliant.

Blessed are we: the hand-extenders, the sign-makers, the protestors, the
protectors.

Blessed are we: the trans women, the trans men, the non-binary, the cisgender,
the multigender, the no gender.

Blessed are we: the friend, the stranger, the lonely, the hidden, the visible, the
authentic.

Blessed are we who rise in solidarity, blessed are we who cannot, blessed are
we who do not.

Blessed are we for this is our Beloved Community, and this is who we are.

Hymn #39 "Bring O Morn, Thy Music"	Tanya Stum
Candles of Joy and Concern	Bill Bridwell
Hymn #123 "Spirit of Life"	Tanya Stum
Reading Excerpted from "Alexander and the Terrible, Horrible, No Good, Very Bad Day" by Judith Viorst	Chris Sidel
Offering	Bill Bridwell
Reading Excerpted from "The Tears of Things" by Richard Rohr	Rev. Vicky Hanjian
Sermon Building a "Muscular Hope"	Rev. Vicky Hanjian
Hymn #108 "My Life Flows On In Endless Song"	Tanya Stum
Closing Words	Rev. Vicky Hanjian
Postlude	Tanya Stum

Thank you to the Men's Alliance for service support and providing refreshments for today's service.

Pastoral Coverage and Care

Rev. Vicki Hanjian will provide pastoral care. She can be reached at 508-696-8225 or av.hanjian@verizon.net

Need Someone to Listen?

In addition to pastoral care being available from Rev. Vicky, your Lay Ministers are available to lend support to anyone in our USMV community in their time of need by being available to listen and offer comfort. You can reach them individually by calling: Jan Casey (508-942-3643), Bill Bridwell (774-563-8542), Kevin Longval (781-249-4712) or reach out to uu.society.mv@gmail.com

Coming Events

Sunday, July 13, 7 – 8:30 pm: Ballroom Dancing, all are welcome!

Monday, July 14, 3-5 pm: Parish Committee (meet at Stevens Chapel)

Tuesday, July 15, 5 pm: Vineyard Sound - on island A Cappella Group weekly at Stevens Chapel

Thursday, July 17, 3:30 pm: Beach Plum Zen at Stevens Chapel - All are Welcome!

Thursday, July 17, 5 - 6 pm: Good Trouble Lives On: National Day of Action @ 5 Corners

Saturday, July 19, 10 am: Island Insight Meditation at Stevens Chapel - All are Welcome!

Saturday, July 19, 2 pm: Celebration of Life for Nancy Wood

Monday, July 21, 4 pm: Membership and Hospitality Meeting at Stevens Chapel

Sunday, July 27, 4 - 5 pm: Musical Event: *Spirits and Sonatas* with Silas Berlin

